

WHAT TO DO BEFORE YOUR HOSPITAL SURGERY

1. Some procedures require laboratory blood work. If you have been given a lab slip, please be sure the lab work has been performed four or more days prior to the surgery, and that Dr. Benson's office has received the lab results before the surgery.
If you are having hospital surgery a clearance (history and physical) by your family doctor will be needed.
2. Bring a friend or relative the day of the surgery to drive you home.
3. Do not eat anything after midnight.
4. If you have been taking daily aspirin, then discontinue the aspirin several days prior to surgery. If you are on a blood thinner such as Coumadin, let Dr. Benson know so he can coordinate care with your primary care physician.
5. Try to be calm; there will probably be less to the procedure than you anticipate.
6. Notify Dr. Benson's office if you develop any signs of illness such as sore throat, abdominal problems, earache, or fever.
7. Discuss any travel plans with Dr. Benson.